

to issue special permits to the Minister of Transport and that are enacted under the second paragraph of section 463 of the Code, as amended by paragraphs 1 and 2 of section 54 of the Act to again amend the Highway Safety Code and other legislative provisions, or under subparagraph 19, 20 or 35 of the first paragraph of section 621 of the Code are excluded from the application of the Regulations Act (chapter R-18.1);

WHEREAS it is expedient to make the Regulation;

IT IS ORDERED, therefore, on the recommendation of the Minister of Justice and the Minister of Transport:

THAT the Regulation to amend the Regulation respecting special permits, attached to this Order in Council, be made.

YVES OUELLET,
Clerk of the Conseil exécutif

Regulation to amend the Regulation respecting special permits

Highway Safety Code
(chapter C-24.2, s. 463, 2nd par., and s. 621, 1st par., subpars. 19, 20 and 35; 2008, chapter 14, s. 54, pars. 1 and 2)

1. The Regulation respecting special permits (chapter C-24.2, r. 35) is amended in section 3

(1) by replacing “Société de l’assurance automobile du Québec” in subparagraph *a* of the first paragraph by “Minister of Transport”;

(2) by replacing “Société” in subparagraph *b* of the first paragraph by “Minister”.

2. Section 3.1 is amended

(1) by replacing paragraph 1 by the following:

“(1) the name used to conduct his or its activities or the surname and given name in the case of a natural person;”;

(2) by striking out “, and the identification number issued to him by the Société, where applicable” in paragraph 8.

3. Section 4 is amended

(1) by replacing paragraph 6 by the following:

“(6) the name used by the holder to conduct his or its activities or the surname and given name in the case of a natural person;”;

(2) by replacing “Société” in paragraph 8 by “Ministère des Transports”.

4. Section 6 is amended by replacing “Société” by “Minister”.

5. Section 11 is amended by replacing “Société” in the second paragraph by “Minister”.

6. Section 18 is amended by replacing “Société” in the fourth paragraph by “Minister”.

7. This Regulation comes into force on 11 February 2019.

103791

M.O., 2018

Order number 2018 019 of the Minister of Health and Social Services dated 13 December 2018

Cannabis Regulation Act
(chapter C-5.3)

Regulation respecting training on the retail sale of cannabis and information to be communicated to a purchaser in the course of a cannabis sale

THE MINISTER OF HEALTH AND SOCIAL SERVICES,

CONSIDERING section 30 of the Cannabis Regulation Act (chapter C-5.3), which provides that the Minister determines by regulation the training on the sale of cannabis that a cannabis sales employee must successfully complete and the conditions as to training updates;

CONSIDERING the second paragraph of section 31 of the Act, which provides that the Minister prescribes by regulation the information that the Société québécoise du cannabis must communicate to the purchaser in the course of a cannabis sale, by any of the means prescribed in the regulation;

CONSIDERING that, in accordance with section 10 of the Regulations Act (chapter R-18.1) and section 113 of the Cannabis Regulation Act, a draft Regulation respecting training on the retail sale of cannabis and information to be communicated to a purchaser in the course of a cannabis sale was published in Part 2 of the *Gazette officielle du Québec* of 17 October 2018 with a notice that it could be made by the Minister on the expiry of 20 days following that publication;

CONSIDERING that it is expedient to make the Regulation respecting training on the retail sale of cannabis and information to be communicated to a purchaser in the course of a cannabis sale with amendments;

ORDERS AS FOLLOWS:

The Regulation respecting training on the retail sale of cannabis and information to be communicated to a purchaser in the course of a cannabis sale, attached to this Order, is hereby made.

DANIELLE MCCANN,
Minister of Health and Social Services

Regulation respecting training on the retail sale of cannabis and information to be communicated to a purchaser in the course of a cannabis sale

Cannabis Regulation Act
(2018, chapter 19, ss. 19, 30 and 31, 2nd par.)

DIVISION I

TRAINING ON THE RETAIL SALE OF CANNABIS

1. Training on the retail sale of cannabis referred to in section 30 of the Act is training that meets the following conditions:

(1) it is developed by the Minister and the Société québécoise du cannabis and its content complies with the guidelines and includes the components provided for in Schedule I;

(2) it is offered by the Société.

2. To maintain the validity of their certificate, cannabis sales employees must successfully complete all refresher training activities determined by the Minister in cooperation with the Société québécoise du cannabis, within the time and according to the terms determined by the latter.

DIVISION II

INFORMATION TO BE COMMUNICATED TO A PURCHASER

3. In the course of a cannabis sale, the Société québécoise du cannabis must provide a purchaser with a document that contains all the information provided for in Schedule II.

4. This Regulation comes into force on the date of its publication in the *Gazette officielle du Québec*.

SCHEDULE I

(Section 1)

TRAINING ON THE RETAIL SALE OF CANNABIS

Training guidelines

1. Adopt a balanced approach to avoid both trivializing and dramatizing the use of cannabis and its consequences.

2. Focus on the importance of communicating accurate information based on scientific facts, in particular with respect to the information communicated to purchasers regarding the effects of the products.

3. Promote the identification of reliable sources of information regarding cannabis and focus on the importance for both the sales employee and the purchaser to take a critical look at certain other sources of information, in particular those from the cannabis industry.

4. Position the role of cannabis sales employees on providing advice and support to purchasers so they can make informed choices, while also explaining the risks of such products, and making recommendations to reduce them.

5. Advocate, as much as possible, in the context of the sale, the occasional use of cannabis and the use of products with low concentrations of tetrahydrocannabinol (THC) that contain cannabidiol (CBD).

6. Clearly specify that individuals who want to use cannabis for therapeutic purposes or who ask for advice on health problems or the possible interaction between cannabis and their medication must be referred to a health professional.

7. Ensure that cannabis sales employees fully understand the legislative framework regarding cannabis, in particular regarding the refusal to sell to a minor or to a person of full age who is purchasing for a minor.

Training components

— Introduction to cannabis botany

A- Components and constituents of the plant;

B- Where cannabis comes from (cultivation and production).

— Analysis

A- Testing of cannabinoids and terpenes;

B- Analysis of pesticides and contaminants.

— Guidelines to reduce the risks related to cannabis consumption

A- Risk reduction principles;

B- Risks associated with cannabis use.

— Cannabis consumers

A- Consumption profile;

B- Portrait of consumers and destigmatization;

C- Approach respecting the mission of the Société québécoise du cannabis.

—Cannabis pharmacology

- A- Route of administration;
- B- Effects and duration;
- C- Understanding THC and CBD levels (% , mg, etc.).

—Cannabis products

- A- Different types of cannabis products;
- B- Methods of administration and associated properties.

—Consumer approach

- A- Interactions and consumer behaviour;
- B- Understanding the needs and requests of consumers;
- C- Helping consumers make informed choices;
- D- Familiarization with labelling and product information;
- E- Warnings;
- F- Cannabis and alcohol;
- G- Cannabis and other substances.

—Navigating information on cannabis products

- A- Sources of information.

—Understanding the law

- A- Review of cannabis laws and regulations;
- B- Framework of federal and provincial laws;
- C- Verification of age.

SCHEDULE II

(Section 3)

CONSUMER INFORMATION

WHAT IS CANNABIS?

Cannabis consumption affects several functions of the body and central nervous system. Natural in origin, cannabis is composed of more than 500 different substances, the main ones being

— tetrahydrocannabinol (THC): a psychoactive substance that causes a “high”;

— cannabidiol (CBD): a non-psychoactive substance that may alleviate certain adverse effects of THC. CBD is also currently being studied for its potential therapeutic uses.

Also worthy of mention is the presence of terpenes, the substances that provide cannabis with its aromatic properties.

All the effects of the various substances contained in cannabis are not yet known. Each person reacts differently and several factors influence the consumption experience: the person’s physical and mental state, the product and quantity consumed, and the context in which it is used.

CANNABIS CONSUMPTION - CERTAIN FACTS TO BE AWARE OF

Cannabis consumption has health and safety risks. It remains difficult to predict whether or not an individual will experience significant problems after using cannabis. In short, experts agree that cannabis use is never completely safe.

HOW TO USE RESPONSIBLY AND REDUCE HEALTH AND SAFETY RISKS

Use cannabis on an occasional basis

Using cannabis regularly (every day or almost every day) increases the risks to your health, performance at work or school, and to your social life. There is a time for everything. Keep in mind that cannabis affects your perception, concentration and coordination.

Choose quality products and identify your limits

Try to use natural products with a low THC concentration and that contain CBD. Wait until you feel the effects of the products before considering consuming again. Extremely high THC concentrations may cause effects that are too intense and make you feel unwell (for example: pulse rate increase, anxiety, disorientation).

By choosing the legal market, you will obtain products that are subject to quality controls, whether for THC and CBD concentrations or the presence of pesticides and mould.

Go easy with edible products that you prepare and eat

Edible cannabis products are not harmful to your lungs. However, it is difficult to estimate the quantities of absorbed THC and CBD. Also, their effects take longer

to be felt and last longer. Start with a low dose of THC and avoid consuming more within the next 2 to 3 hours, so as to reduce the risks of overdose.

Store edible products in a secure location so that children or household pets will not ingest them by accident.

Protect your lungs

If you smoke, do not hold the cannabis smoke in your lungs. Taking a big puff and keeping it in as long as possible does not increase your “high”, it will only extend the time your lungs are exposed to the toxic substances.

It is possible to vaporize certain forms of cannabis. Although it is not without risk, it produces less toxic substances and odours since the cannabis is heated and not burned.

Be considerate toward your family and loved ones

Do not expose them to second-hand cannabis smoke.

Do not drive or operate machinery after using cannabis

Identify a solution to return home: designate a sober driver, call a cab or use public transportation when you choose to use cannabis.

Even if you try to be careful, cannabis increases your reaction time and reduces your attention span. You run the risk of being involved in an accident, moreover, the risk is multiplied if you use alcohol at the same time.

Be wary of mixing

Mixing cannabis with alcohol increases the effects of either substance, to the point of making you sick, dizzy or vomit.

Mixing cannabis with tobacco should also be avoided. It can multiply the effects and have greater consequences on your health, not to mention that tobacco is a highly addictive product.

Cannabis and medication? There could be interactions with any medication you are taking. Talk to a health professional, such as your pharmacist, to find out more.

SHOULD YOU REFRAIN FROM USING CANNABIS?

If you are an adolescent or a young adult, you should put off your first use of cannabis for as long as possible. The younger you start using cannabis, especially before the age of 16, the greater the risks.

If you or a member of your immediate family has a history of psychosis or addiction, you should reconsider using. The risk of having problems associated with cannabis is much higher.

If you are pregnant or breastfeeding, you should avoid using during that period. The substances contained in cannabis pass through the placenta and breast milk. Using cannabis can adversely affect infant development.

MORE ABOUT CERTAIN HEALTH AND SAFETY RISKS

Cognitive functions: Regular cannabis use reduces short-term memory, attention span, concentration and the ability to organize, integrate and process complex information.

Accidents and injuries: Cannabis affects the functions necessary to drive a motor vehicle and operate machinery. It increases reaction time and reduces attention span, the ability to maintain a trajectory and vigilance. The impairment caused by cannabis doubles the risk of road accidents.

Respiratory system: Regular cannabis smokers cough more and have more secretions and symptoms of chronic bronchitis. Cannabis smoke is harmful and contains more tar than tobacco smoke.

Prenatal exposure: Using cannabis during pregnancy could cause the child to experience certain developmental delays.

Mental health problems: Regular use of cannabis may affect mental health. It may trigger schizophrenia prematurely or other psychoses in individuals with a personal or family history of mental health problems.

Addiction: Cannabis addiction affects approximately 1 out of 10 users. Daily consumption increases the risk to 1 out of 4 persons, and sometimes even 1 out of 2 persons.

MEASURES FOR REGULATION OF CANNABIS

To know more about the measures regulating cannabis in Québec, including possession, cultivation and consumption, as well as measures related to highway safety, visit encadrementcannabis.gouv.qc.ca.

Also make sure you fully understand the rules that apply in the provinces, territories and municipalities you travel to.

It is not permitted to enter or leave the country with cannabis. Be vigilant, even the simple smell of cannabis could cause you problems when going through customs.

FOR FURTHER INFORMATION OR ASSISTANCE

For further information on cannabis, please visit www.encadrementcannabis.gouv.qc.ca.

If you experience a health problem after using cannabis or need advice or references, please contact Info-Santé (free and confidential telephone consultation service) at 8-1-1.

To reduce or stop cannabis use

Cannabis users may wish to ease off or quit. Some people may feel the need for professional help. Here are the services available:

—Telephone service: Drugs: Help and Referral (available at all times, free, anonymous and confidential) at 1 800 265-2626.

—Telephone service: Info-Social (available at all times, free, anonymous and confidential) at 8-1-1.

—Integrated Health and Social Services Centres: Those centres provide, in every region, free services for individuals who want to reduce or stop using cannabis. Contact your CLSC or visit sante.gouv.qc.ca/repertoire-ressources/clsc/.

—Community or private resources offering addiction lodging: To find a resource, consult the directory of resources at www.msss.gouv.qc.ca/repertoires/dependances/.

103786