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(name, address and position or title of the writer of the report)

103189

Draft RegulationOptometry Act
(chapter O-7)**Optometrists**
— Medication and eye care

Notice is hereby given, in accordance with sections 10 and 11 of the Regulations Act (chapter R-18.1), that the Regulation respecting the medications that may be administered and prescribed by an optometrist and respecting the eye care that may be provided by an optometrist, made by the Office des professions du Québec and appearing below, may be submitted to the Government for approval, with or without amendment, on the expiry of 45 days following this publication.

The draft Regulation replaces the Regulation respecting the medications that an optometrist may administer (chapter O-7, r. 10) and the Regulation respecting the medications that may be administered and prescribed for therapeutic purposes by an optometrist and respecting the eye care that may be provided by an optometrist (chapter O-7, r. 11). It updates the list of medications that an optometrist may administer and prescribe, and authorizes the provision of certain eye care to take into account the evolution of clinical practices and the university program in optometry.

The draft Regulation has no impact on the public or on enterprises, including small and medium-sized businesses.

Further information may be obtained by contacting Martine de Billy, Direction des affaires juridiques, Office des professions du Québec, 800, place D'Youville, 10^e étage, Québec (Québec) G1R 5Z3; telephone: 418 643-6912 or 1 800 643-6912, extension 341; fax: 418 643-0973; email: martine.de-billy@opq.gouv.qc.ca

Any person wishing to comment on the draft Regulation is requested to submit written comments within the 45-day period to Jean Paul Dutrisac, Chair of the Office des professions du Québec, 800, place D'Youville, 10^e étage, Québec (Québec) G1R 5Z3. The comments will be forwarded by the Office to the Minister of Justice and may also be sent to the Ordre des optométristes du Québec and to interested persons, departments and bodies.

JEAN PAUL DUTRISAC,
*Chair of the Office des
professions du Québec*

Regulation respecting the medications that may be administered and prescribed by an optometrist and respecting the eye care that may be provided by an optometristOptometry Act
(chapter O-7, s. 19.4)**DIVISION I**
MEDICATIONS THAT MAY BE ADMINISTERED BY AN OPTOMETRIST

1. An optometrist who holds a permit referred to in the first paragraph of section 19.2 of the Optometry Act (chapter O-7) may administer the medications and substances listed in Schedule I for the sole purpose of eye examinations.

DIVISION II
MEDICATIONS THAT MAY BE ADMINISTERED AND PRESCRIBED FOR THERAPEUTIC PURPOSES BY AN OPTOMETRIST AND THE EYE CARE THAT MAY BE PROVIDED BY AN OPTOMETRIST

2. This Division applies only to optometrists who hold a permit referred to in the second paragraph of section 19.2 of the Optometry Act (chapter O-7).

3. An optometrist may administer and prescribe the medications and substances listed in Schedule I for treating a condition of mild morbidity of the eye and adnexa, or any other condition provided for in this Regulation.

4. For the treatment of a condition of mild morbidity of the eye and adnexa or the prevention of such a condition, an optometrist may provide the following eye care:

(1) non surgical care related to the anterior segment of the eye and adnexa;

(2) removal of a superficial foreign body from the eye and complementary care required following the removal;

(3) punctal occlusion;

(4) heat, mechanical or manual treatment of meibomian glands and eyelashes;

(5) application of therapeutic contact lenses.

5. Subject to section 6, an optometrist may administer and prescribe an anti-glaucoma medication for the treatment of a glaucoma condition where the following requirements are met:

(1) the condition may be described as follows:

(a) suspected glaucoma;

(b) early glaucoma;

(c) steroid-induced glaucoma;

(2) the optometrist has access to the appropriate instruments for the assessment of the condition.

An optometrist who administers or prescribes an anti-glaucoma medication in accordance with the first paragraph must, thereafter, refer the patient to an ophthalmologist physician for medical follow-up.

6. Where a patient's follow-up is ensured by an ophthalmologist physician, the administration or prescription of an anti-glaucoma medication by the optometrist must conform to the treatment established by that physician or comply with the joint follow-up plan agreed to with the physician and entered in the patient's record.

7. Despite section 5, an optometrist may administer and prescribe an anti-glaucoma medication for the treatment of any glaucoma condition if the optometrist has obtained, before each administration or prescription, the consent of a physician who has already assessed the patient or agrees to provide consultative care to the patient. The optometrist must then enter in the patient's record the name and licence number of the physician from whom the optometrist obtained the consent.

8. Where an optometrist administers or prescribes a medication or provides eye care, the optometrist must refer the patient to a physician if the patient's condition does not adequately respond to treatment in the accepted or anticipated amount of time and each time the patient's interest requires it. An optometrist must also refer the patient to a physician if the signs and symptoms suggest a

condition other than the condition referred to in section 3 or that requires a physician to take charge of the patient, in particular where there is the presence of

(1) an infectious ulcer reaching the central cornea;

(2) epithelial dendrites with stromal injury;

(3) sectorial inflammation of the episclera with ischemia or melting;

(4) sectorial inflammation of the anterior chamber with hypopyons, vitritis or atypical lesions of the cornea;

(5) glaucoma other than those for which the optometrist is authorized to intervene pursuant to section 5.

DIVISION III FINAL

9. This Regulation replaces the Regulation respecting the medications that an optometrist may administer (chapter O-7, r. 10) and the Regulation respecting the medications that may be administered and prescribed for therapeutic purposes by an optometrist and respecting the eye care that may be provided by an optometrist (chapter O-7, r. 11).

10. This Regulation comes into force on the fifteenth day following the date of its publication in the *Gazette officielle du Québec*.

SCHEDULE I (ss. 1 and 2)

1. All topical ophthalmic medications, except cocaine and extemporaneous preparations of antibiotics, subject to the following restrictions:

(1) immunosuppressants, only for dry eye treatment;

(2) except for the purposes referred to in sections 5 to 7 of the Regulation, the following anti-glaucoma medication used only for the following purposes:

(a) miotics, for eye examination;

(b) prostaglandin analogues, for the treatment of hypotrichosis.

2. The following oral medications:

(1) antibiotics, excluding extemporaneous preparations, only for the treatment of cases where eyelids are affected, according to the protocol established by the Institut national d'excellence en santé et en services sociaux;

(2) antivirals, only for the treatment of eye herpes, according to a recognized clinical algorithm and for a maximum continuous period of 1 year.

3. Any other medication, vitamin or natural health, topical and oral product, that is not referred to in Schedule I to the Regulation respecting the terms and conditions for the sale of medications (chapter P-10, r. 12).

4. Any combination of medications, vitamins and natural health products in this Schedule is permitted subject to the restrictions provided for in the Schedule that apply to them.

103182

Draft Regulation

Optometry Act
(chapter O-7)

Optometrists

—Standards for the issue and holding of permits

Notice is hereby given, in accordance with sections 10 and 11 of the Regulations Act (chapter R-18.1), that the Regulation respecting the standards for the issue and holding of permits authorizing an optometrist to administer and prescribe medications and provide eye care, made by the board of directors of the Ordre des optométristes du Québec and appearing below, may be submitted to the Government for approval, with or without amendment, on the expiry of 45 days following this publication.

The draft Regulation replaces the Regulation respecting the standards for the issue and holding of the permit authorizing an optometrist to administer medications (chapter O-7, r. 13) and the Regulation respecting the standards for the issue and holding of the permit authorizing an optometrist to administer and prescribe medications for therapeutic purposes and provide eye care (chapter O-7, r. 14). The purpose of the Regulation is to determine the standards for the issue and holding of permits authorizing optometrists to perform the activities provided for in the Regulation respecting the medications that may be administered and prescribed by an optometrist and respecting the eye care that may be provided by an optometrist. The latter Regulation, also published as a draft Regulation in this Part, is intended to update the list of medications that an optometrist may administer and prescribe and to authorize the provision of certain eye care.

The draft Regulation has no impact on the public or on enterprises, including small and medium-sized businesses.

Further information may be obtained by contacting Marco Laverdière, Executive Director and Secretary, Ordre des optométristes du Québec, 1265, rue Berri, bureau 505, Montréal (Québec) H2L 4X4; telephone: 514 499-0524 or 1 888 499-0524; fax: 514 499-1051; email: m.laverdiere@ooq.org

Any person wishing to comment on the draft Regulation is requested to submit written comments within the 45-day period to Jean Paul Dutriscac, Chair of the Office des professions du Québec, 800, place D'Youville, 10^e étage, Québec (Québec) G1R 5Z3. The comments will be forwarded by the Office to the Minister of Justice and may also be sent to the Ordre des optométristes du Québec and to interested persons, departments and bodies.

JEAN PAUL DUTRISAC,
*Chair of the Office des
professions du Québec*

Regulation respecting the standards for the issue and holding of permits authorizing an optometrist to administer and prescribe medications and provide eye care

Optometry Act
(chapter O-7, s. 19.2)

DIVISION I ISSUE OF PERMITS

1. A permit authorizing an optometrist to administer medications for eye examination purposes and a permit authorizing an optometrist to administer and prescribe medications for therapeutic purposes and provide eye care are issued to a member of the Ordre des optométristes du Québec who

(1) has submitted to the secretary of the Order an application for a permit on the form provided for that purpose;

(2) has paid the fees prescribed by the board of directors of the Order for the issue of the permit;

(3) has successfully completed, during the 4 years preceding the year of the application, under a training program offered by an educational institution that issues a diploma meeting the requirements for the permit issued by the Order or as part of another training program recognized as equivalent by the board of directors, a training period that includes a minimum of 145 hours of theoretical and clinical courses in eye health and the pharmacological treatment of certain ocular pathologies;