

## Draft regulation

Medical Act  
(chapter M-9)

### Physicians

#### — Professional activities that may be engaged in by dietitians

Notice is hereby given, in accordance with sections 10 and 11 of the Regulations Act (chapter R-18.1), that the “Regulation respecting certain professional activities that may be engaged in by dietitians”, adopted by the Board of Directors of the Collège des médecins du Québec, the text of which appears below, may be submitted to the government, which may approve it, with or without amendment, upon expiry of the 45 days that follow this publication.

The purpose of this draft Regulation is to authorize dietitians, subject to the conditions it sets out, to prescribe nutrient formulas, vitamins and minerals when a prescription indicates that nutrition is a determining factor in the treatment of an illness, to administer, according to a prescription, medications or other substances, orally or enterally, as well as to proceed with the final withdrawal of a feeding tube according to a physician’s prescription.

The draft Regulation has no impact on the public and on enterprises, including small and medium sized businesses.

Further information may be obtained by contacting, Mre Linda Bélanger, Assistant Director of the Legal Services Division, Collège des médecins du Québec, 2170 René-Lévesque Blvd. West, Montréal (Québec) H3H 2T8; Telephone No.: 1 888 633-3246 or 514-933-4441, extension 5362; Fax No.: 514-933-3276; e-mail: lbelanger@cmq.org

Any person having comments is asked to send them, before the expiry period indicated above, to the Chair of the Office des professions du Québec, 800 Place D’Youville, 10<sup>th</sup> floor, Québec City, Québec, G1R 5Z3. Comments will be forwarded by the Office to the Minister of Justice; they may also be sent to the Collège des médecins du Québec, as well as to interested persons, departments and organizations.

JEAN PAUL DUTRISAC, *Chair*  
*Office des professions du Québec*

## Regulation respecting certain professional activities that may be engaged in by dietitians

Medical Act  
(chapter M-9, s. 19, 1st par., subpar. b)

### DIVISION I PURPOSE

**1.** The purpose of this regulation is to determine, among the professional activities that may be performed by physicians, those that may be engaged in by a dietitian pursuant to certain prescribed terms and conditions.

### DIVISION II AUTHORIZED ACTIVITIES

**2.** A dietitian may, when a prescription indicates that nutrition is a determining factor in the treatment of an illness, as part of the determination of a nutritional treatment plan, prescribe nutrient formulas, vitamins and minerals in order to ensure that nutritional needs are met.

A dietitian engages in the activities provided in the first paragraph in accordance with the provisions applicable to individual prescriptions in the Regulation respecting the standards relating to prescriptions made by a physician (chapter M-9, r. 25.1).

**3.** A dietitian may, according to a prescription, administer medications or other substances, orally or enterally, as part of the determination of a nutritional treatment plan, including the appropriate feeding method, as well as when supervising the nutritional status of persons whose nutritional treatment plan has been determined.

**4.** Before prescribing nutrient formulas, vitamins and minerals or administering a prescribed medication, a dietitian must:

(1) verify the absence of contraindications or drug interactions;

(2) obtain the medical assessment of the patient’s health condition.

**5.** A dietitian must enter on the patient’s record the nutrient formula or the vitamins and minerals prescribed and the reasons for the prescription or for which the dosage has been changed. The dietitian must also enter the name of the prescribed medications administered.

A dietitian must also record any follow-up required further to his actions.

**6.** A dietician must communicate, to the attending physician or the professionals concerned who provide the follow-up of the patient's condition, the name of the nutrient formulas, vitamins and minerals prescribed.

In the absence of an attending physician, a dietician must determine the patient follow-up and management prior to taking any action.

**7.** A dietician may proceed with the final withdrawal of a feeding tube according to a physician's prescription.

### **DIVISION III TRAINING**

**8.** To engage in the activities contemplated by this regulation, the dietician shall satisfy the following conditions, as appropriate:

(1) for the purposes of prescribing the nutrient formulas, vitamins and minerals contemplated by section 2, hold an attestation issued by the Ordre professionnel des diététistes du Québec indicating that the dietician has successfully completed the theoretical training of 15 hours on the following elements, in particular:

- a)* the indications for the prevention and treatment of conditions that require nutrient formulas, vitamins and minerals;
- b)* the drug and nutritional interactions and contra-indications;
- c)* DRIs and ULs of vitamins and minerals;
- d)* the standards for writing a prescription;

(2) for the purposes of proceeding with the final withdrawal of a feeding tube contemplated by section 7, hold an attestation issued by the Ordre professionnel des diététistes du Québec indicating that the dietician has successfully completed training of 15 hours on the following elements, in particular:

- a)* theoretical training on:
  - i. the types of tubes, sterile material and withdrawal methods;
  - ii. the immediate contra-indications for withdrawing a tube;
  - iii. the actions and follow-up required after the withdrawal of the tube, including referral to another professional when required;

iv. the potential complications associated with the withdrawal of a tube and the associated signs/symptoms;

*b)* practical training on:

- i. tube withdrawal methods;
- ii. hygiene and the sterile method application;
- iii. monitoring and identification of signs and symptoms of potential complications;

(3) a dietician who does not practice in the clinical nutrition sector or has not acquired competence in this sector of activity must take refresher training whose content and number of hours are determined by the Ordre professionnel des diététistes du Québec.

**9.** This regulation comes into force on the fifteenth day following its publication in the *Gazette officielle du Québec*.

102654

### **Draft Minister's Order**

Natural Heritage Conservation Act  
(chapter C-61.01)

#### **Extension of the setting aside of land for three proposed ecological reserves**

Notice is hereby given, in accordance with sections 10 and 11 of the Regulations Act (chapter R-18.1), that, on the expiry of 45 days following this publication, the Minister of Sustainable Development, Environment and the Fight Against Climate Change intends to extend the setting aside of land as proposed ecological reserves and to make a Minister's Order for that purpose.

The extension concerns the three following territories:

- proposed Matamec ecological reserve (northern portion);
- proposed Paul-Provencher ecological reserve;
- proposed Ruisseau-Clinchamp ecological reserve.

In accordance with the Natural Heritage Conservation Act, the draft Minister's Order extends the setting aside of land for three proposed ecological reserves, for a term of eight years. The extension is necessary to maintain in force the provisional protection currently assigned to those territories, in order to complete the steps required to assign permanent protection status. The draft Minister's Order provides that the setting aside of the land will expire on 19 December 2024.