WHEREAS the Government obtained the advice of the Office and of the Ordre des infirmières et infirmiers du Ouébec;

WHEREAS it is expedient to make the Regulation without amendment;

IT IS ORDERED, therefore, on the recommendation of the Minister of Justice:

THAT the Regulation to amend the Regulation respecting the diplomas issued by designated educational institutions which give access to permits or specialist's certificates of professional orders, attached to this Order in Council, be made.

JUAN ROBERTO IGLESIAS, Clerk of the Conseil exécutif

### Regulation to amend the Regulation respecting the diplomas issued by designated educational institutions which give access to permits or specialist's certificates of professional orders

Professional Code (chapter C-26, s. 184, 1st par.)

- **1.** The Regulation respecting the diplomas issued by designated educational institutions which give access to permits or specialist's certificates of professional orders (chapter C-26, r. 2) is amended in section 1.17
- (1) by adding the following at the end of the first paragraph:
- "(h) Baccalauréat ès sciences (B.Sc.) awarded upon completion of the baccalauréat en sciences infirmières program from the Université de Sherbrooke.";
- (2) by replacing "Maîtrise en sciences cliniques (sciences infirmières) (M.Sc.)" in subparagraph *d* of subparagraph 4 of the second paragraph by "Maîtrise en sciences infirmières (M.Sc.), cheminement menant aux études spécialisées en soins de première ligne".
- **2.** This Regulation comes into force on the fifteenth day following the date of its publication in the *Gazette* officielle du Québec.

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Gouvernement du Québec

### O.C. 839-2015, 23 September 2015

Medical Act (chapter M-9)

#### Nurse

# —Certain professional activities that may be engaged in by a nurse

Regulation respecting certain professional activities that may be engaged in by a nurse

WHEREAS, under subparagraph b of the first paragraph of section 19 of the Medical Act (chapter M-9), the board of directors of the Collège des médecins du Québec must by regulation determine among the activities referred to in the second paragraph of section 31 of the Act those which, under certain prescribed conditions, may be engaged in by classes of persons other than physicians;

WHEREAS the board of directors of the Collège des médecins du Québec made the Regulation respecting certain professional activities that may be engaged in by a nurse after having consulted, in accordance with the second paragraph of section 19 of the Act, the Office des professions du Québec and the Ordre des infirmières et infirmiers du Québec;

WHEREAS, pursuant to section 95 of the Professional Code (chapter C-26) and subject to sections 95.0.1 and 95.2 of the Code, every regulation made by the board of directors of a professional order under the Code or an Act constituting a professional order must be transmitted to the Office des professions du Québec for examination and it must be submitted, with the recommendation of the Office, to the Government which may approve it with or without amendment:

WHEREAS, in accordance with sections 10 and 11 of the Regulations Act (chapter R-18.1), the Regulation respecting certain professional activities that may be engaged in by a nurse was published as a draft in Part 2 of the *Gazette officielle du Québec* of 7 January 2015 with a notice that it could be submitted to the Government for approval on the expiry of 45 days following that publication;

WHEREAS, in accordance with section 95 of the Professional Code, on 17 June 2015 the Office has examined the Regulation and submitted it to the Government with its recommendation;

WHEREAS it is expedient to approve the Regulation with amendments:

IT IS ORDERED, therefore, on the recommendation of the Minister of Justice:

THAT the Regulation respecting certain professional activities that may be engaged in by a nurse, attached to this Order in Council, be approved.

JUAN ROBERTO IGLESIAS, Clerk of the Conseil exécutif

# Regulation respecting certain professional activities that may be engaged in by a nurse

Medical Act (chapter M-9, s. 19, 1st par. subpar. *b*)

### **DIVISION I**

**PURPOSE** 

1. The purpose of this Regulation is to determine, among the professional activities that may be engaged in by physicians, those that may be engaged in by a nurse under certain prescribed conditions.

# **DIVISION II**WOUND CARE

- **2.** A nurse may, as part of the activity reserved to nurses to determine the treatment plan for wounds and alterations of the skin and teguments and to provide the required care and treatment,
  - (1) prescribe the following laboratory analyses:
  - (a) prealbumin and albumin;
  - (b) wound culture;
- (2) prescribe the following products, medications and dressings associated with the treatment of wounds and alterations of the skin and teguments:
  - (a) products creating a skin barrier;
- (b) topical medications, except sulfadiazine and those associated with dermatological or oncological treatment;
  - (c) dressings.

Before prescribing an analysis, the nurse must make sure that a recent result for that analysis is not otherwise available for the patient. Before prescribing products, medications or dressings to a patient with comorbidity factors, the nurse must obtain the medical assessment of the patient's health condition.

The nurse must communicate to the attending physician or specialized nurse practitioner who is responsible for the follow-up of the patient's condition the result of the laboratory analyses prescribed and the names of the dressings, products or medications prescribed.

**3.** The nurse must consult a physician or team of professionals dedicated to wound care when the wound has not responded favourably within the normal or expected time for the care given.

The nurse must refer the patient to a physician when the signs and symptoms suggest a deterioration in the patient's general condition.

### DIVISION III

PUBLIC HEALTH

- **4.** Under the national public health program made pursuant to the Public Health Act (chapter S-2.2), a nurse may
- (1) prescribe hormonal contraception, an IUD or emergency oral contraception, according to the national protocol developed as part of an activity under the program;
- (2) prescribe a perinatal vitamin supplement and folic acid;
- (3) prescribe a medication for the treatment of pediculosis;
- (4) prescribe a drug for smoking cessation except for varenicline and bupropion;
- (5) prescribe a medication for the treatment of a gonococcal infection or a *Chlamydia trachomatis* infection in an asymptomatic person with a positive test result from screening and prescribe control tests, according to the national protocol developed as part of an activity under the program;
- (6) prescribe a drug for the treatment of a gonococcal infection or a *Chlamydia trachomatis* infection in an asymptomatic person identified as a sexual partner of a person presenting either of those infections and prescribe control tests, according to the national protocol developed as part of an activity under the program.

# **DIVISION IV**COMMON HEALTH ISSUES

- **5.** A nurse may engage in the following professional activities:
- (1) prescribe a medication for the treatment of nausea and vomiting in pregnant women, except for incoercible vomiting;
- (2) prescribe topical medication for the treatment of a fungal infection (candida) of the skin or mucosa of a baby and a nursing mother.

#### DIVISION V

#### PRESCRIPTION WRITING STANDARDS

**6.** A nurse engages in the activities provided for in sections 2, 4 and 5 in accordance with the provisions applicable to individual prescriptions provided for in the Règlement sur les normes relatives aux ordonnances faites par un médecin (chapter M-9, r. 25).

#### DIVISION VI

#### **NURSES AFFECTED**

- **7.** To engage in the activities referred to in this Regulation, a nurse must meet one of the following conditions:
- (1) be the holder of a diploma referred to in the first paragraph of section 1.17 of the Regulation respecting the diplomas issued by designated educational institutions which give access to permits or specialist's certificates of professional orders (chapter C-26, r. 2);
- (2) be the holder of a bachelor's degree by accumulation of certificates, including at least 2 certificates in nursing care, and have successfully completed at least 45 hours of university-level training in wound care on the elements provided for in Schedule I;
- (3) be the holder of a diplôme d'État for a program of studies completed in France and have obtained his or her permit pursuant to the Règlement sur la délivrance d'un permis de l'Ordre des infirmières et infirmiers du Québec pour donner effet à l'arrangement conclu par l'Ordre en vertu de l'Entente entre le Québec et la France en matière de reconnaissance mutuelle des qualifications professionnelles (chapter I-8, r. 13.1);
- (4) have obtained his or her permit pursuant to the Règlement sur les autorisations légales d'exercer la profession d'infirmière ou d'infirmier hors du Québec qui donnent ouverture au permis de l'Ordre des infirmières et infirmiers du Québec (chapter I-8, r. 7);

- (5) have obtained a university-level diploma or training recognition pursuant to the Regulation respecting diploma or training equivalence for the issue of a permit by the Ordre des infirmières et infirmiers du Québec (chapter I-8, r. 16) and have successfully completed university-level training of at least 45 hours in wound care on the elements provided for in Schedule I.
- **8.** The nurse must also hold an attestation issued by the Ordre des infirmières et infirmiers du Québec attesting to the successful completion of 2 hours of training in the following:
  - (1) ethical considerations;
- (2) the procedure for prescribing analyses, products, medications and dressings related to the treatment of wounds and alterations of the skin and teguments and for prescribing medications for public health and for common health issues:
  - (a) the prescription decision-making process;
  - (b) writing a prescription;
- (c) follow-up with the physician or specialized nurse practitioner;
  - (d) record-keeping.

#### DIVISION VII

#### TRANSITIONAL AND FINAL

- **9.** Despite section 7, a nurse may also engage in the activities referred to in section 2 if the nurse, on 11 January 2016,
- (1) is the holder of a diploma of college studies in nursing care;
- (2) has practised the profession for at least 8,400 hours in community health or long-term care in the last 7 years preceding the date of coming into force of this Regulation;
- (3) has successfully completed at least 45 hours of university-level training in wound care on the elements referred to in Schedule I.
- **10.** Despite section 7, a nurse may also engage in the activities referred to in paragraphs 1, 5 and 6 of section 4, if the nurse, on 11 January 2016,
- (1) is the holder of a diploma of college studies in nursing care;

- (2) has practised the profession for at least 8,400 hours in community health in the last 7 years preceding the date of coming into force of this Regulation;
- (3) has completed at least 15 hours of training in the field of hormonal contraception given pursuant to the national public health program;
- (4) has completed at least 18 hours of training in the field of sexually transmitted and blood-borne infections, given pursuant to the national public health program.
- **11.** A nurse referred to in section 9 or 10 must obtain the attestation of training required by section 8 within 12 months of the coming into force of this Regulation.
- **12.** This Regulation comes into force on 11 January 2016.

#### **SCHEDULE I**

(s. 7, pars. 2 and 5; s. 9, par. 3)

# UNIVERSITY-LEVEL TRAINING IN WOUND CARE

- i. anatomo-physiology of wounds and of alterations of the skin and teguments;
  - ii. wound assessment;
  - iii. wound classification;
- iv. classification and indication of the products, topical medications and dressings;
  - v. debridement.

The training must be recognized by the Ordre des infirmières et infirmiers du Québec and may have been acquired as part of a university diploma in nursing or from a trainer who is a member of the Ordre des infirmières et infirmiers du Québec.

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