IT IS ORDERED, therefore, on the recommendation of the Minister of Justice:

THAT the Regulation respecting the prescription of a medication by a pharmacist, attached to this Order in Council, be approved.

JEAN ST-GELAIS, Clerk of the Conseil exécutif

# Regulation respecting the prescription of a medication by a pharmacist

Pharmacy Act (chapter P-10, s. 10, 1st par., subpar. *i*)

- **1.** A pharmacist is authorized, in the cases and on the conditions provided for in Schedule I, to prescribe a medication where no diagnosis is required.
- **2.** The pharmacist must enter the prescribed medication in the patient's record.
- **3.** This Regulation comes into force on 3 September 2013.

#### **SCHEDULE I**

(s. 1)

## CASES FOR WHICH A PHARMACIST MAY PRESCRIBE A MEDICATION

- 1. Traveller's diarrhea (treatment when it occurs).
- 2. Malaria prophylaxis.
- 3. Perinatal vitamin supplementation.
- 4. Nausea and vomiting related to pregnancy.
- 5. Smoking cessation (excluding the prescription of varenicline and bupropion).
  - 6. Emergency oral contraception.
- 7. Hormonal contraception following a prescription of a medication required for the purposes of emergency oral contraception, for an initial period of not more than 3 months; the prescription may be extended for a maximum period of 3 months.
  - 8. Pediculosis.
  - 9. Antibiotic prophylaxis in valve carriers.

- 10. Cytoprotective prophylaxis in patients at risk.
- 11. Prophylaxis of acute mountain sickness (excluding the prescription of dexamethasone or sildenafil).

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Gouvernement du Québec

### **O.C. 605-2013,** 12 June 2013

Phamacy Act (chapter P-10)

#### **Pharmacist**

—Extension or adjustment of a physician's prescription by a pharmacist and substitution of a medication prescribed

Regulation respecting the extension or adjustment of a physician's prescription by a pharmacist and the substitution of a medication prescribed

WHEREAS, under subparagraph *h* of the first paragraph of section 10 of the Pharmacy Act (chapter P-10), amended by the Act to amend the Pharmacy Act (2011, chapter 37), the board of directors of the Ordre des pharmaciens du Québec must, by regulation, determine conditions and procedures for the activities described in subparagraphs 6 to 10 of the second paragraph of section 17 of the Pharmacy Act;

WHEREAS, in accordance with the third paragraph of section 10 of the Act, the board of directors consulted the Ordre professionnel des médecins du Québec before adopting the Regulation respecting the extension or adjustment of a physician's prescription by a pharmacist and the substitution of a medication prescribed;

WHEREAS, pursuant to section 95 of the Professional Code (chapter C-26) and subject to sections 95.0.1 and 95.2, every regulation made by the board of directors of a professional order under the Code or an Act constituting a professional order must be transmitted to the Office des professions du Québec for examination and be submitted, with the recommendation of the Office, to the Government which may approve it with or without amendment;

WHEREAS, in accordance with sections 10 and 11 of the Regulations Act (chapter R-18.1), a draft of the Regulation respecting the conditions and procedures under which a pharmacist may extend or adjust a physician's prescription or substitute another drug for the one prescribed was published in Part 2 of the *Gazette officielle du Québec* of 23 January 2013 with a notice that it could be submitted to the Government for approval on the expiry of 45 days following that publication;

WHEREAS the Office has examined the Regulation and submitted it with its recommendation to the Government;

WHEREAS it is expedient to approve the Regulation with amendments;

WHEREAS, therefore, on the recommendation of the Minister of Justice:

THAT the Regulation respecting the extension or adjustment of a physician's prescription by a pharmacist and the substitution of a medication prescribed, attached to this Order in Council, be approved.

JEAN ST-GELAIS, Clerk of the Conseil exécutif

## Regulation respecting the extension or adjustment of a physician's prescription by a pharmacist and the substitution of a medication prescribed

Pharmacy Act (chapter P-10, s. 10, 1st par., subpar. h)

#### DIVISION I

EXTENSION OF A PHYSICIAN'S PRESCRIPTION

**1.** A pharmacist enters in a patient's record whether the pharmacist has accepted or refused to extend a physician's prescription and the clinical justification for that decision.

The pharmacist also recommends that the patient obtain appropriate medical follow-up and enters the recommendation in the patient's record.

**2.** A pharmacist must inform the attending physician of the extension made.

# **DIVISION II**ADJUSTMENT OF A PHYSICIAN'S PRESCRIPTION

**3.** A pharmacist may modify the dose of a prescribed medication to ensure the safety of the patient, in particular to reduce the adverse effects of a medication, manage drug interactions, prevent organ failure, take into account the patient's renal or hepatic function, take into account the patient's weight, improve the patient's tolerance to medication therapy or correct an obvious error in dosage.

**4.** A pharmacist may also modify the dose of a prescribed medication to ensure the achievement of therapeutic targets where the pharmacist obtains those therapeutic targets and, if applicable, special limits or contraindications from the attending physician.

Furthermore, a pharmacist who practises in a centre operated by an institution within the meaning of the Act respecting health services and social services (chapter S-4.2) or within the meaning of the Act respecting health services and social services for Cree Native persons (chapter S-5), or within a group where the medical team shares or uses the same patient record, may modify, where there is a medical treatment plan, the dose of a prescribed medication to ensure the achievement of the therapeutic targets established in that plan.

**5.** A pharmacist who adjusts a physician's prescription by modifying the form, dose, quantity or dosage of a prescribed medication must so notify the patient and enter the adjustment in the patient's record along with the clinical justification of that decision.

In addition, where the pharmacist modifies the dose of a medication, the pharmacist must inform the attending physician of the adjustment made.

#### DIVISION III

THERAPEUTIC SUBSTITUTION OF A MEDICATION

- **6.** A pharmacist must, before substituting another medication for the medication prescribed, ensure that the pharmacist cannot obtain the medication from 2 pharmacies in the pharmacist's region and from 2 wholesalers accredited by the Minister of Health and Social Services under section 62 of the Act respecting prescription drug insurance (chapter A-29.01).
- **7.** The pharmacist must notify the patient of the substitution and enter in the patient's record the steps taken to obtain a supply, the substitution made and the notice given to that effect to the patient.
- **8.** The pharmacist must inform the attending physician of the substitution made.
- **9.** This Regulation comes into force on 3 September 2013.

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