son proves that he has performed, during the 12 months preceding a new subjection, work covered by this new subjection for at least 300 hours.

The application for exemption mentioned in the first paragraph shall be submitted no later than 12 months after the new subjection.

When the work in question comes within the scope of a trade, the exemption pertains to a journeyman competency certificate or apprentice competency certificate, according to the number of hours the person has worked in that trade, taking into account the number of apprenticeship periods determined for that trade in Schedule B to the Regulation respecting the vocational training of manpower in the construction industry.

The exemption issued under this section is valid for a period of 12 months and for the work newly subjected. It mentions the region where the holder is domiciled or, if he is domiciled elsewhere in Canada, the region in which he wishes to benefit from an employment preference.

Notwithstanding section 16, the exemption issued under this section is renewed where, according to the monthly reports filed with the Commission by a registered employer, the holder has worked at least 150 hours during the time the exemption was valid.

For the purposes of this section, the expression "new subjection" means an amendment to a statute or regulatory instrument which extends the scope of the Act respecting labour relations, vocational training and manpower management in the construction industry, as well as a judicial or quasi-judicial decision which states that a certain type of work is subject to the Act.".

- **7.** The following is substituted for section 24.7:
- "24.7 The fee exigible for the issuance of an exemption from the obligation to hold a journeyman competency certificate, an apprentice competency certificate or an occupation competency certificate shall be \$100.

No fee shall be exigible for the renewal of an exemption, where this Regulation authorizes a renewal.".

8. This Regulation comes into force on the fifteenth day following the date of its publication in the *Gazette* officielle du Québec.

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Notice

An Act respecting industrial accidents and occupational diseases (R.S.Q., c. A-3.001)

Standards and tables of personal home assistance for 1997

Notice is hereby given that the Commission de la santé et de la sécurité du travail adopted the final text of the "Regulation respecting the standards and tables of personal home assistance for 1997", the text of which appears below.

This Regulation was prepublished in accordance with the Regulations Act (R.S.Q., c. R-18.1) on page 2959 of the *Gazette officielle du Québec* of 10 July 1996 with a notice that, upon the expiry of 45 days following that publication, the Commission de la santé et de la sécurité du travail could adopt the final text.

Pursuant to sections 118 et 160 of the Act respecting industrial accidents and occupational diseases, the "Regulation respecting the standards and tables of personal home assistance for 1997" has effect from 1 January 1997.

PIERRE SHEDLEUR,

Chairman of the board and chief executive officer of the Commission de la santé et de la sécurité du travail

Regulation respecting the standards and tables of personal home assistance for 1997

An Act respecting industrial accidents and occupational diseases (R.S.Q., c. A-3.001, s. 160)

DIVISION IPERSONAL HOME ASSISTANCE

- **1.** In accordance with sections 145 and 158 of the Act respecting industrial accidents and occupational diseases (R.S.Q., c. A-3.001), personal home assistance may be granted to a worker who, as a result of the employment injury he has suffered, meets the following conditions:
- 1° he has sustained permanent physical or mental impairment;
- 2° he is unable to care for himself and to do, without assistance, the household tasks that he would normally do himself; and

- 3° such assistance proves to be necessary for him to remain in or return to his residence.
- **2.** In accordance with section 159 of the Act, personal home assistance includes payment of the cost of engaging a person to provide for the worker's assistance and supervision needs.

That person may be the worker's spouse.

- **3.** The assistance measures are intended, in accordance with the worker's needs, to help him to care for himself and to do the household tasks he would normally do himself were it not for his injury.
- **4.** The supervision measures are intended to help the worker to care for himself between the periods during which he is performing his personal activities and his household tasks, defined in section 2.1 of Schedule 1, where he has permanent impairment entailing neurological or mental aftereffects and he has assistance needs in accordance with the standards established in the form for evaluating the personal home assistance needs provided for in that Schedule.

DIVISION II

EVALUATION OF PERSONAL HOME ASSISTANCE

5. Personal home assistance needs shall be evaluated by the Commission de la santé et de la sécurité du travail taking into account the worker's situation before the employment injury, the changes resulting therefrom and its impact on the worker's autonomy.

Those needs may be evaluated through consultations with the worker's immediate family, the attending physician or other resource persons.

That evaluation shall be made in accordance with the standards provided for in this Regulation and by filling out the evaluation form in Schedule 1.

DIVISION III

MONTHLY AMOUNT OF PERSONAL HOME ASSISTANCE

6. The amount of personal home assistance shall be established on a monthly basis according to the evaluation form in Schedule 1 and shall be paid to the worker once every 2 weeks, in accordance with section 163 of the Act.

The monthly amount granted shall be, subject to the maximum amount of assistance fixed in section 160 of the Act, the sum of the amount determined according to

the table in section 2.3 of Schedule 1 for personal assistance needs and, where applicable, of the amount determined according to the table in section 3.3 of that Schedule for supervision needs to the extent that the amount established for assistance needs falls short of the maximum prescribed by the Act.

DIVISION IV

REEVALUATION OF PERSONAL HOME ASSISTANCE

- **7.** Personal home assistance shall be reevaluated periodically, in accordance with section 161 of the Act, to take into account changes in the worker's health and the needs arising therefrom.
- **8.** The reevaluation shall be made in accordance with the standards provided for in this Regulation and by filling out the evaluation form in Schedule 1.
- **9.** The amount of personal home assistance shall be adjusted, in accordance with section 163 of the Act, from the first due date after the occurrence giving rise to the adjustment.

DIVISION V

CESSATION OF PERSONAL HOME ASSISTANCE

- **10.** Personal home assistance shall cease, in accordance with sections 162 and 163 of the Act, when:
- 1° the worker is again able to care for himself or to do, without assistance, the household tasks he was unable to do himself by reason of his employment injury; or
- 2° the worker is lodged or hospitalized in a facility maintained by an institution governed by the Act respecting health services and social services (R.S.Q., c. S-4.2) or by the Act respecting health services and social services for Cree and Inuit Native persons (R.S.Q., c. S-5).

The amount of personal home assistance shall be cancelled from the first due date after the occurrence giving rise to the cancellation.

DIVISION VI FINAL

11. This Regulation comes into force on 1 January 1997 and has effect for the year 1997.

SCHEDULE 1

(ss. 4, 5, 6 and 8)

FORM FOR EVALUATING PERSONAL HOME ASSISTANCE NEEDS

1- GENERAL INFORMATION

Surame:							
CSST No:	1.1 Worker's identity:						
CSST No:	Surname:		_ Given	Name:			
Address: (No) (Street)		Da	ate of birth:				
Address: (No) (Street)	CSST No:					S.I.N.:	
(No) (Street) Comparison Change in Change in Situation Change in Situation Situation Change in Situation Situation Change in Situation		year	month	day			
Change in Situation Situ	(No) (Street)						
Date of occurrence	(2.22)						
1.2 Type of evaluation: Initial							(Postal code)
1.2 Type of evaluation: Initial	Telephone:	Date of occurrenc	e	I	1	-	
Initial Periodical reevaluation Situation Situat	area code		year	month	day		
Initial Periodical reevaluation Since Indicated Periodical reevaluation Since Indicated Periodical reevaluation Situation Situation							
Since	1.2 Type of evaluation:						
Year month day	Initial	Periodical reeval	uation 🗌				
Where the situation has changed, state any new developments: 1.3 Worker's medical check-up:						situation	
Lives with spouse, relative or friend Map		·		day			
Date of consolidation: Expected Yes Known month day Permanent physical or mental impairment:	Where the situation has changed, state a	any new developments:					
Date of consolidation: Expected Yes Known month day Permanent physical or mental impairment:							
Date of consolidation: Expected Yes Known month day Permanent physical or mental impairment:	-						
Date of consolidation: Expected Yes Known month day Permanent physical or mental impairment:							
Date of consolidation: Expected Yes Known month day Permanent physical or mental impairment:	_						
Date of consolidation: Expected Yes Known month day Permanent physical or mental impairment:							
Date of consolidation: Expected Yes Known year month day Permanent physical or mental impairment:	_						
Permanent physical or mental impairment: Expected	Diagnosis:						
Permanent physical or mental impairment: Expected							
Permanent physical or mental impairment: Expected	Date of consolidation: Expected	Yes _				Known	1 1
Description of permanent functional disability:	•	No _					
Description of permanent functional disability:	Permanent physical or mental impairme	ent:				Expected	
1.4 Worker's home situation: Resides alone Lives with spouse, relative or friend Dependants No Yes No No In progress						Confirmed \square	%
Resides alone	Description of permanent functional dis	ability:					
Resides alone							
Resides alone	- 						
Resides alone							
Resides alone							
Resides alone							
relative or friend Dependants No	1.4 Worker's home situation:						
Yes ☐ No ☐ Number and ages: in progress	Resides alone						
Yes ☐ No ☐ Number and ages: in progress	Dependants No □		Adaptatio	n of home		Yes □	
			•			No 🗆	
	Number and ages:		_			1 0	

2. EVALUATION OF PERSONAL CARE AND HOME ASSISTANCE NEEDS

		A- C	Complete a	ssistance r	equired
			B- Pa	artial assis	tance required
	ircle the points corresponding to the			C- No assistance required	
as of	ssistance needs for performing each f the following activities or tasks				D- No points
of the following activities of tasks				Enter D-1, D-2 ou D-3	
Getting out of bed		3	1.5	0	
Going to bed		3	1.5	0	
Washing		5	2.5	0	
Dressing		3	1.5	0	
Undressing		3	1.5	0	
Bladder relief		3	1.5	0	
Bowel movements		3	1.5	0	
Eating		5	2.5	0	
Use of home facilities		4	2	0	
Preparation of breakfast		2	1	0	
Preparation of lunch		4	2	0	
Preparation of dinner		4	2	0	
Light housekeeping		1	0.5	0	
House cleaning		1	0.5	0	
Laundry		1	0.5	0	
Shopping		3	1.5	0	

Assistance needs

A: Complete assistance required:

The worker is incapable of performing the activity or task alone, even taking into consideration, where applicable, the use of an orthesis, a prosthesis or a technical aid or adaptation of the residence, since his contribution to performing the activity or task is not significant or presents an obvious danger for his safety.

B: Partial assistance required:

The worker is capable of safely performing a significant part of the activity or task, taking into consideration, where applicable, the use of an orthesis, a prosthesis or a technical aid or adaptation of the residence, but he requires significant assistance by another person to perform the activity completely.

C: No assistance required:

The worker is capable of performing the activity or task alone, taking into consideration, where applicable, the use of an orthesis, a prosthesis or a technical aid or adaptation of the residence. The activity or task can be performed safely.

D: No points:

Even though the worker is incapable of performing the activity or task and even though he may be eligible for personal care assistance, no points are granted for one of the following reasons:

- D-1: The worker did not usually perform the activity or task before the occurrence.
- D-2: The need is already covered by a specialized resource such as a nurse, or by some other rehabilitation measure.
- D-3: Another reason explained in section 2.2 "Explanations or comments".

2.2 Explanations or comments:
(needs that must specified, explanations concerning points assigned in certain cases or certain aspects of the evaluation)

2.3 Table of monthly amount of personal home assistance for personal care and home assistance

The total points obtained after the evaluation of each item in Table 2.1 corresponds to the following monthly amount:

Total points	Amount	Total points	Amount
0 - 2	\$0	24.5 - 28	\$666
2.5 - 4	\$51	28.5 - 32	\$768
4.5 - 8	\$154	32.5 - 36	\$871
8.5 - 12	\$256	36.5 - 40	\$973
12.5 - 16	\$359	40.5 - 44	\$1 076
16.5 - 20	\$461	44.5 - 48	\$1 178
20.5 - 24	\$563		

Results to be carried over to section 4 entitled "Summary".

2.4 Description of items evaluated

- Getting out of bed: the ability to get out of bed unassisted, taking into consideration, where applicable, the use of an orthesis, a
 prosthesis or a technical aid or adaptation of the residence.
- Going to bed: the ability to get into bed unassisted, taking into consideration, where applicable, the use of an orthesis, a prosthesis or a technical aid or adaptation of the residence.
- Washing: the ability to wash oneself unassisted, without taking into consideration the ability to use a bathtub or a shower. This includes basic self-care such as hair grooming, shaving and applying make-up.
- Dressing: the ability to dress oneself unassisted, including outdoor clothing.
- Undressing: the ability to undress oneself unassisted, including outdoor clothing.
- Bladder relief: the ability to relieve one's bladder by the unassisted use, where applicable, of special equipment for that purpose.
- Bowel movements: the ability to relieve one's bowels by the unassisted use, where applicable, of special equipment for that purpose.
- Eating: the ability to lift properly prepared food from the plate to one's mouth unassisted, by using, where applicable, special equipment for that activity.
- Use of home facilities: the ability to use, unassisted, common household appliances and devices such as bathroom facilities, the telephone and television, taking into consideration, where applicable, the use of a technical aid or adaptation of the residence.
- Preparation of breakfast, lunch and dinner: the ability to prepare meals and to wash dishes. Preparation of each meal is evaluated separately.
- Light housekeeping: the ability to perform, unassisted, regular housekeeping activities such as dusting, sweeping, carrying out garbage cans and making beds.
- House cleaning: the ability to perform, unassisted, house cleaning activities such as cleaning the refrigerator and the oven, washing floors and windows, spring cleaning.
- Laundry: the ability to use, unassisted, appliances for washing and drying clothes, including activities related thereto such as folding, ironing and putting away clothes.
- Shopping: the ability to use, unassisted, the facilities required to make the necessary purchases of groceries, hardware, pharmaceuticals, or to use public services such as banking and postal services, taking into consideration, where applicable, the use of a technical aid or adaptation of the residence.

3. EVALUATION OF SUPERVISION NEEDS

3.1 Table of evaluation of supervision needs:				
Higher cerebral functions	A- C	A- Close supervision required		
		B- M	Ioderate si	upervision required
		o supervision required		
supervision need pertaining to each of the following functions				D- No points
the following functions				Enter D-1, D-2 or D-3
Memory	2	1	0	
Temporal orientation	2	1	0	
Spatial orientation	2	1	0	
Communication	2	1	0	
Self-control	2	1	0	
Contact with reality	2	1	0	

Supervision needs

A: Close supervision required:

The occurrence has altered this higher cerebral function and the worker must usually be kept under constant supervision except in certain daily situations where he may be left alone.

B: Moderate supervision required:

The occurrence has altered this higher cerebral function and the worker must be supervised in certain daily situations. He may be left alone outside of those daily situations. Those situations are foreseeable and probable on a daily basis.

C: No supervision required:

The occurrence has not significantly altered the worker's abilities with respect to this higher cerebral function and he requires no supervision or only in occasional or unforeseeable circumstances.

D: No points: (enter D-1, D-2 or D-3)

- D-1: The worker already had significant difficulties before the occurrence.
- D-2: The need is already covered by a specialized resource or other rehabilitation measure.
- D-3: Another reason explained in section 3.2 "Explanations or comments".

3.2 Explanations or comments: (specify the activities affected, the ability to stay by oneself for a few hours or a day and the degree of supervision required)

3.3 Table of monthly amount of personal home assistance for supervision needs

A single score is assigned. The highest score (2, 1 or 0) is kept and the monthly amount corresponding thereto is added to the amount determined in Table 2.3 (subject to the maximum amount provided for in section 160 of the Act).

Score	Amount
0	\$0
1	\$154
2	\$461
4 444 1/70 **	

Results to be carried over to section 4 entitled "Summary".

3.4 Description of items evaluated

Higher cerebral functions:

- Memory: the ability to recall very recent events such as a running bath or something cooking on the stove, recent events such as an activity that took place a few hours earlier or more distant events such as paying one's rent, and the ability to act accordingly.
- Temporal orientation: the ability to situate oneself in the context of passing hours and days such that one can follow a schedule and keep appointments, and the ability to act accordingly.
- Spatial orientation: the ability to situate oneself in a known or familiar environment such that one can find the rooms in a house, recognize one's address and find one's way around the neighbourhood, and the ability to act accordingly.
- Communication: the ability to express one's needs in a comprehensible manner, verbally, in writing, with gestures and with sounds and to understand simple orders and instructions in everyday life, and the ability to act accordingly.
- Self-control: the ability to behave appropriately in terms of the surroundings or the people present and to control one's impulses or inhibitions so as to avoid placing oneself or others in a dangerous or socially unacceptable situation.
- Contact with reality: the ability to analyze and solve problems of everyday life and to make reasonable, safe and opportune decisions on the social, financial and personal level.

4. SUMMARY

Scores and amounts determined:
Assistance needs:
Supervision needs (0, 1 or 2): points + \$
Total monthly amount of assistance granted:
\$(may not exceed the maximum amount provided for in section 160 of the Act)
Evaluation covering the period:
From to year month day year month day
Personal assistance services given by:
Evaluation made by (name of rehabilitation counsellor):
Date:
year month day
Resource persons consulted: